



**GENESIS SWIM CLUB**  
**HANDBOOK**  
2023/2024 SEASON

2023/2024 Season  
Genesis Swim Club  
14 Youngs Crossing Road  
Bray Park QLD 4500  
PH: (07) 3882 9091  
Email: [swimclub@genesis.qld.edu.au](mailto:swimclub@genesis.qld.edu.au)  
[www.genesis sport.com.au](http://www.genesis sport.com.au)

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### COACH'S MESSAGE

Welcome to the 2023–2024 season for Genesis Swim Club.

At Genesis, our focus is on developing children and developing swimmers, and we take both very seriously. We want our swimmers to enjoy swimming, and for that to ultimately translate into a lifelong passion for the sport.

As a team of coaches, our aim is to keep the level of competition appropriate to both the age and the developmental level of each swimmer.

The diversity of the club is continuing to grow with excellence across our junior and senior teams. Genesis finished in the top 10 clubs in Brisbane in the junior division and at the top end we had our most successful representation at national level in the club's history. The National open water team more than tripling in size from the year prior and the age national team doubling in size.

Being involved in a swimming club is like being involved in a family, where members seek the best for each other, and encourage one another to reach their personal best. When this occurs, the outcome is a Club where swimmers can really enjoy and benefit from their sport.

Swimming is a sport that fosters friendship, commitment, courage and determination. It is my firm belief that a happy club is a fast club, and the future for Genesis Swim Club and its swimmers is very bright.

Regards,

**Rick Pendleton OAM**

*Head Coach*

### COACHING STAFF

<b>Head Coach:</b>	Rick Pendleton
<b>Lead Junior Coach:</b>	Tony Keogh
<b>Assistant Coach:</b>	Calum Ryan
<b>Assistant Coach:</b>	Alisha Ellwood

### GENESIS SPORTS INCORPORATED MANAGEMENT COMMITTEE

<b>President:</b>	Brendan Keogh
<b>Vice-President:</b>	Damian Bushell
<b>Secretary:</b>	Charlotte Hickman
<b>Treasurer:</b>	Rodger Brook
<b>Club Delegates:</b>	Qld: Susan Weldon Bris: Brendan Keogh / Rick Pendleton

### GENESIS SWIM CLUB COMMITTEE 2023/2024

<b>Committee Chair:</b>	Brendan Keogh	<a href="mailto:b.keogh@genesis.qld.edu.au">b.keogh@genesis.qld.edu.au</a>
<b>Club Coach:</b>	Rick Pendleton	<a href="mailto:r.pendleton@genesis.qld.edu.au">r.pendleton@genesis.qld.edu.au</a>
<b>Treasurer:</b>	Vanessa Liebenberg	<a href="mailto:swimclub@genesis.qld.edu.au">swimclub@genesis.qld.edu.au</a>
<b>Secretary:</b>	Renee Munro	<a href="mailto:racesecretary@genesis.qld.edu.au">racesecretary@genesis.qld.edu.au</a>
<b>Club Convenor:</b>	Sally Dingwall	<a href="mailto:swimclubconvenor@genesis.qld.edu.au">swimclubconvenor@genesis.qld.edu.au</a>
<b>Club Liaison &amp; Events:</b>	Louise Lewis	<a href="mailto:swimclubsupport@genesis.qld.edu.au">swimclubsupport@genesis.qld.edu.au</a>
<b>New Memberships:</b>	Nicholla Hughes	<a href="mailto:swimclubmemberships@genesis.qld.edu.au">swimclubmemberships@genesis.qld.edu.au</a>



### CLUB VALUES STATEMENT

The philosophy of Genesis Swim Club is to provide a positive learning environment where swimmers are encouraged to achieve personal success from a Club Night level through to National Championships.

Our focus is on creating a rewarding experience, while providing a stage for self-improvement in a fun and positive environment.

Genesis Swimming Club encourages diversity, sportsmanship, and commitment from everybody associated with the Club.

### GENESIS SWIM CLUB CAPTAINS 2023/2024

At Genesis we build our foundations on the values of the college, Christlikeness, excellence, integrity, perseverance & resilience, service and respect. To develop that culture and ensure it is passed down through all our swimmers we choose club captains who are living examples of these values. In order to be eligible for selection, a swimmer must exhibit these values and be available to attend club nights, local and regional meets and social club activities where possible.

**Our 2023/24 Captains are:** Kaitlyn W, Robert S, Mia T, Jacobus L, Katherine E, and Keegan H.



### ROLE OF THE COACHES

#### **Head Coach**

- Leads all Club related activities for the Club swimmers and is the communication line between the coaching team, the Club, and the parents.
- Attends meetings and attends swim meets.
- Leads the direction of the swimming squads program.

#### **Coaches**

- Coaches some of our Junior Squads and assists the Senior Squad.
- Leads the Masters Squad/Club.
- Attends swim meets.

**Please note: Our coaching team meet on a weekly basis to discuss the coaching programs, swimmers and the swim meet calendar. Once our coaches choose their selected meets, they create a roster of which coach will attend meets. All our swimmers must learn to work with all of our coaching team.**

### ROLE OF THE GENESIS SWIM CLUB COMMITTEE

The Genesis Swim Club Committee provides the daily operations of all Genesis Swim Club activities and events. It reports to the Genesis Sports Incorporated (GSI) Management Committee. High level functions of the Swim Club Committee includes:

- Proposing all annual club events for consideration by the GSI Management Committee.
- Planning and operations of confirmed club events, such as Club Nights, Carnivals, Presentation Nights and Club Social events.
- Creation/editing of an annual Club Handbook for its members.
- Keeping record of Club supplies, equipment and stock.
- Keeping record of Club Membership, results and records.
- Proposing fundraising and sponsorship opportunities for the Club and/or GSI.
- Engaging with potential/existing Club Members to create and promote a positive engaging culture.
- Communicating with GCC and GSA staff.
- Any other duties as requested by the GSI Management Committee.

### ROLE OF THE CLUB CAPTANS

The Genesis Swim Club Captains will provide support and leadership to swimmers at events with the guidance of coaches. Before each club night the team captains will run a group warm up from 3:30pm-3:55pm for those attending club night. The captains will write, direct, and join in on the sessions.

### MEMBERSHIP TYPES AND PRICING

Annual Club Membership fees have been set by the Club Committee and where relevant, include Brisbane Swimming, Swimming Queensland, and Swimming Australia memberships and insurances. There are several levels of Club Membership:

#### **Competitive Members 8 Years and Under:**

Swimmers aged 8 years and under that compete at Club Night / outside meets, including Brisbane Swimming Championships

**\$105.00**

#### **Recreational Members 9 Years and Over:**

Swimmers aged 9 years and over that compete at Club Nights and includes Genesis Multisport members. These athletes are also able to compete in meets hosted by Genesis.

**\$120.00**

#### **Competitive Members 9 Years and Over:**

Swimmers aged 9 years and over that compete at Club Night / outside meets, including Brisbane Swimming Championships

**\$170.00**

#### **\*Parent:**

\*Parent/Guardian of club or competitive member

#### **Coach:**

A coach of the club

#### **Technical Official:**

Officials must hold at least two current qualifications

#### **Non-Swimmer:**

All members e.g. Club Committee who are NOT parents/guardians of swimming members.

\* Parent membership is compulsory and is a free registration. This must be renewed every season.

CHECKLIST FOR NEW MEMBERS**Recreational and Competitive Members**

Read through all of the Genesis Swim Club Handbook!!



Download and Join Our Communication Platforms (see page 9)



Familiarise yourself with Club night information and Calendar (see page 10-11)



Enter your swimmer into club events based on rules and progression times, and prepare your swimmer for Club Night (see page 12-13)



Note the requirement for parent involvement at club night with timekeeping and other roles (see page 16)

**Competitive Members (In Addition to Above Points)**

Purchase a Club shirt for Competitive Members and read section on when this is to be worn (see page 8)



Monitor the Club Communication from Coaches noting any possible meets your child may be suitable to compete in (see page 18)



Print a copy of meet flyer of interest and have your child take the flyer and highlighter to training to have coach select events. (see page 16-17)



Nominate for relevant events via SwimCentral



Review your Squad Handbook for all relevant information about competition day including what to eat, when to arrive, warm-up protocols, and coaches contact details.



Keep an eye on communications about events and timekeeping rosters

If you have any questions, please contact our Memberships Coordinator at [swimclubmemberships@genesis.qld.edu.au](mailto:swimclubmemberships@genesis.qld.edu.au)



## CLUB UNIFORMS

### **Compulsory Uniform (for Competitive Members)**

The Genesis Swim Club uniform consists of a Club **shirt** and **swimming cap**. The Genesis blue swimming cap is provided to all 9 year and over competitive members when their membership is paid. It is **compulsory** for this cap to be worn at all meets when representing Genesis (unless National / States cap has been issued for the event). The Club shirt must be worn to and from all meets, and for all medal presentations.



Wearing the Club uniform is a great way to identify Genesis swimmers and build a sense of Club identity.

### **Uniform Price List**

#### **Compulsory Items**

Junior Polo	\$40.00
Men's/Women's Polo	\$40.00
Club Swim Cap (replacement)	\$15.00

#### **Optional Items**

Junior Shorts	\$30.00
Men's/Women's Shorts	\$35.00
Junior Jacket	\$80.00
Men's/Women's Jacket	\$85.00
Junior Hoodie	\$60.00
Men's/Women's Hoodie	\$65.00
Baseball Club Cap	\$15.00
Cooler Bag	\$15.00



All items can be purchased at Club Sign-on or via appointment. Please contact [swimclubsupport@genesis.qld.edu.au](mailto:swimclubsupport@genesis.qld.edu.au) to arrange your appointment or with uniform queries.

## COMMUNICATION PLATFORMS

Our Club Utilises two main platforms for broad communications of events and swim club information. These are: Stack Team App, and Facebook.

### Stack Team App



Download “Team App” onto your iPhone or Android device.



Genesis  
Swim Club

Once the app is installed, search for Genesis Swim Club. Ask to join by answering the security questions. Once you submit your request, approval will happen from one of the admin team.

### Private Facebook Group



Search for “Genesis Aquatics Club” in the ‘groups’ section of Facebook. This is a closed, private group so please ask to join the group and answer the security questions. Once you submit your request, approval will happen from one of the moderators.

To track progress and results of your swimmer, both Competitive meets and Club Night meet results will be uploaded to Meet Mobile.

### Meet Mobile



Download the app onto your iPhone or Android device. You can then search for meets and/or swimmers and favourite them so that you are automatically alerted to their results when they swim. Please note that this is a paid app with the option of monthly or annual subscription.

**2023-24 CLUB NIGHT EVENT CALENDAR****(Subject to change without notice)**

Term 3	Date				
Sign On & Come n’ Try	8 Sept 2023	Fly 15/25/50m	Back 15/25/50m	Breast 15/25/50m	Free 15/25/50m
Distance Event	15 Sept 2023	400/800/1000/1500 Freestyle – fins optional			
Term 4					
Sprint Event #1	6 Oct 2023	Fly 15/25m	Back 15/25m	Breast 15/25m	Free 15/25m
	13 Oct 2023	Fly	Bk	Br	*Distance Free
	20 Oct 2023	Fs	Fly	Bk	Pool Rescue Race
	27 Oct 2023	Br	Fs	Fly	*Distance Form
Relay Night	3 Nov 2023	Relays			
	24 Nov 2023	Bk	Br	Fs	50/100/200 IM
	1 Dec 2023	Fly	Bk	Br	*Distance Free
	8 Dec 2022	End of Year /Christmas Breakup			
Term 1					
Sprint Event #2	2 Feb 2024	Fly 15/25m	Back 15/25m	Breast 15/25m	Free 15/25m
	9 Feb 2024	Fs	Fly	Bk	50/100/200 IM
	16 Feb 2024	Br	Fs	Fly	UW Challenge
	23 Feb 2024	Bk	Br	Fs	*Distance Form
	1 March 2024	Fly	Bk	Br	Relay
	15 March 2024	Fs	Fly	Bk	Adult Vs Child
Club Night Age Championships	19 April 2024	Fly, Back, Breast, Free & I.M.			
Presentation Night	TBC	End of Season Presentation Day			

**NOTE** - Club Nights may be cancelled or shortened for the safety of swimmers due to unforeseen circumstances, such as bad weather. Updates will be announced via Club Communication Platforms.

**\*Distance Events:** Throughout the club night season swimmers will have the opportunity to swim in designated distance events. These will be at the end of the night and will allow swimmers to swim up a distance from what they have qualified for. The purpose behind this is to give developing swimmers the opportunity to practice and grow in confidence. These events will not award points.

### CLUB NIGHT INFORMATION

Our aim with Club Nights is to introduce members to competitive swimming, and have some **FUN**. These are nights where swimmers compete against the clock and are particularly good for the younger swimmers who have limited opportunities to compete at regional and state carnivals.

#### Who can attend?

All recreational and competitive club members are encouraged to attend the Club Nights. Swimmers who are enrolled in the Level 5, Level 6, and Transition Squad via the Learn to Swim Program at Genesis Aquatics are eligible to participate at Club Nights.

**CHILDREN UNDER HIGH SCHOOL AGE MUST BE ACCOMPANIED BY A PARENT OR NOMINATED GUARDIAN. THE CLUB DOES NOT TAKE ANY RESPONSIBILITY FOR ANY CHILD UNACCOMPANIED.**

**PARENTS/CARERS OF YOUNG SWIMMERS MAY ESCORT THEM TO MARSHALLING.**

#### When will they be?

**Club Nights will start at 4pm** on Fridays through **Terms 4 & 1**. Swimmers and volunteers should be at the pool by 3:45pm for the Club Night to start on time. **For dates, events and distances please refer to the Club Night Calendar in this handbook on page 10.**

#### Where and When do I nominate?

Nominating for Club Nights will be done through the Swim Central website at the following address: <https://swimcentral.swimming.org.au/home>. Logging into this site requires a username and password which will be created when you purchase a membership. Each Club Night will show up on the calendar when you search in the 'Events' tab on the left-hand side of your home page. Genesis Swim Club will remind members of upcoming Club Nights via Stack Team App and Facebook prior to the events closing.

Nominations are to be submitted online **before 7pm on the Wednesday** immediately prior to Club Night. Failure to nominate before the required time will result in the swimmer not allocated to a heat. However, every effort will be made to place them in an empty lane. **No points will be allocated.**

If you have an issue with Swim Central or nominating, please contact the club night convenor at [swimclubconvenor@genesis.qld.edu.au](mailto:swimclubconvenor@genesis.qld.edu.au)

#### What events do I nominate for?

There are progression times that your child needs to meet that are on the next page. Follow the progression rules and times closely as failure to nominate correctly **may affect points allocated.**

### PROGRESSION RULES

- Only enter your child into events they have qualified for. Amendments will be made during the entry process if applicable, however does require manual intervention and may result in **no points being allocated** to your swimmer if they do not swim in their correct event.
- Progression times must be achieved **at Club Nights prior** to nominating for any stroke or distance except for the special DISTANCE events highlighted in the handbook. Times and distances swum outside of Club Nights, including external events or Club Championships, do not qualify a swimmer to swim the longer distance on Club Nights.
- Swimmers will start the new Club Night season using Personal Best times from the previous Club Night season. If swimmers are new to the Club, then the progression time rules apply as follows:
  - **Level 5, Level 6 and Transition Squad** swimmers must initially swim in the 15m events and obtain the progression time set for each stroke to qualify to swim the 25m distance for that stroke.
  - **Skills, Mini Squad, Junior, Junior Competition** swimmers can compete at the 25m events and obtain the progression time set for each stroke to qualify to swim the 50m distance for that stroke.
  - **Senior Squad** swimmers can compete at the 50m events and obtain the progression time set for each stroke to qualify to swim the 100m event for that stroke. Senior squad swimmers are also permitted to swim 25m of a stroke.
- Swimmers may progress to the next distance after achieving the 15m, 25m, and 50m progression times. Allowances will be permitted at the discretion of the coach.
- For Senior Squad swimmers, 25m is the minimum distance that can be selected to swim.
- Swimmers will only be able to swim one distance of each stroke in the **15m, 25m, 50m** or **100m** categories on any given Club Night.

### PROGRESSION TIMES

Date	15m > 25m	25m > 50m	50m > 100m	100m > 200m**
Freestyle	18 secs	25 secs	41 secs	1:25**
Backstroke	20 secs	27 secs	47 secs	1:35**
Breaststroke	24 secs	28 secs	52 secs	1:50**
Butterfly	21 secs	26 secs	44 secs	1:25**
I.M.			60 secs	1:48**
400m Freestyle	**Must swim 100m freestyle in 1:25 or faster			

\*\* Due to new club night rules allowing all swimmers to try one distance higher than their currently qualified stroke, all swimmers who have achieved the 50 > 100m times may attempt 200m swims also for specified DISTANCE events. Previous 100m > 200m progression times have been left in the handbook to give swimmers goal times to work towards.

## CLUB NIGHT PROCEDURES

### What happens on club night?

**Captains Warm up:** Before each club night the team captains will run a group warm-up from 3:30pm-3:55pm for those swimmers attending club night. The captains will write, direct and join in on the sessions.

**Parent Volunteers:** Club Nights require 20 to 25 people to function. These include 16 timekeepers, a starter, a marshal, a check marshal, pool deck officials and time recorders. Each family will be expected to assist with the running of club night and we request that timekeepers are in place by 3.45pm.

**Rules and Procedures:** FINA rules will apply to Club Nights. Infractions may incur a penalty at the referee's discretion. Please ensure your child has familiarised themselves with the following procedures.

### ALL SWIMMERS SHOULD:

- Report to the marshalling area following the announcement of their event.
- Take responsibility for themselves at marshalling. **NO running, screaming, yelling, or throwing items at other swimmers. The Club Committee has the right to ask a swimmer/s to leave the marshalling area and miss a race if the outlined behaviour is not adhered to.**
- Listen for their name as they are called and sit where allocated. Officials will not delay an event for a swimmer who does not report when called or does not stay in the lane seat, ready for racing.
- Move directly to their swimming lane once directed by the Check Marshall.
- Swim in the correct lane.
- Remain close by following their event if they have other events to swim, so that they are ready to be marshalled for their next event.
- Note that:
  - The race is finished only when he/she touches the rope or the end of the pool. In the case of Butterfly and Breaststroke both hands must touch the wall simultaneously.
  - Complete silence must be observed prior to the starting of every event.
  - One start rule applies. For younger swimmers, the Referee's decision will be final.
  - Heats will be arranged according to swimmers' times regardless of age or gender.
  - It is each swimmer's responsibility to ensure they are in the marshalling area when required.

Following club night, times will be uploaded to Meet Mobile and Swim Central. Points for each event will be awarded in accordance with guidelines on the following page.

### POINTS FOR CLUB NIGHT

- Points are awarded when membership is fully paid and on each Club Night except for the September Come & Try Nights and Club Championships.
- Points are allotted on times in accordance with the table below. This is computer generated through the Club Night season.
- Please note that if a swimmer chooses to swim an event for a distance more or less than what they qualify for, points will not be awarded (for 15m/25m/50m/100m events).
- If a child is disqualified (DQ), no points will be awarded for that swim.
- If the child is swimming an event for the first time, they will be awarded as if it was a personal best (PB) and receive 5 points.
- Points will be totalled over the Club Night season (excludes Championships night) for the aggregate awards given at the end of season club presentation.
- For special club nights, 5 points will be awarded for participation in each event.
- For Distance Events at the end of a club night, no points will be awarded as these events are for participation only / development purposes.

Low Range	High Range	Points
-99.00	-3.01	1
-3.00	-2.01	2
-2.00	-1.01	3
-1.00	-0.01	4
0.00	1.00	5
1.01	2.00	6
2.01	3.00	7
3.01	99	8

### GENESIS SWIM CLUB AGE CHAMPIONSHIPS

A Genesis Swim Club Age Championship will be held at the conclusion of the Club Nights at the end of the season.

#### **Eligibility**

- Must be financial club members (Recreational or Competitive).
- Have swum 50% of available Club Nights.
- New members must swim 50% of the remaining Club Nights from date of joining with a minimum of 3 nights swum.
- Exemptions to eligibility for Club Championships will be considered on case-by-case basis and application must be made in writing to the Club Coach Rick [r.pendleton@genesis.qld.edu.au](mailto:r.pendleton@genesis.qld.edu.au)

#### **Nominations**

- **Nomination information will be posted on Team App and Facebook.**
- Online nominations only.
- Nominations close 1 week prior to the 1<sup>st</sup> day of Club Night Champs at 5pm.
- **Late nominations or changing of events will not be accepted after the closing date.**
- Age for swimmers is at the 1<sup>st</sup> day of Club Night Champs.

### CLUB NIGHT AND CHAMPIONSHIP AWARDS

Club aggregate points	Top 10 swimmers who accrue the most points on Club Nights throughout the season in the following distances of 15m, 25m, 50m and 100m in all four strokes.
Coaches Awards	Junior Male and Female swimmer and a Senior Male and Female swimmer awarded by the coaches collectively.
Club Championship Awards	Age champions and participation awards
Development Achievements BINGO Cards	Every swimmer should walk away from a season knowing they have given their best and been successful. Bingo cards are given out to all members, competitive and recreational when they sign on during a season. Each time a swimmer meets one of the requirements they can take their card to a coach to have their card stamped or signed off. At the end of the season any swimmer who has completed their card will be given an acknowledgement for their dedication and effort for the club. There will be various levels of Bingo Card dependant on your age, level, or membership. The only requirement is that only one activity can be completed each week.



### TIMEKEEPING

Racing is an integral part of club swimming and all swimmers participate in club events and meets from time to time. These meets cannot take place without timekeepers that volunteer their time for this purpose. At certain meets the Club is required to provide timekeepers on a continuous basis for designated lanes.

For external or Genesis hosted meets, parents of competing swimmers will be rostered according to their children's schedule. This roster will be placed on Stack Team App and Facebook prior to the meet, or available the morning of the meet. **We ask that if you are unable to time-keep at any stage when you have been rostered, please find a replacement prior to the meet and advise the Committee of your replacement.**

**PLEASE NOTE THAT IT IS A REQUIREMENT AND A CONDITION OF MEMBERSHIP THAT PARENTS VOLUNTEER AND ASSIST WITH TIMEKEEPING DUTIES AT CLUB NIGHTS, AND BRISBANE SWIMMING & QLD SWIMMING EVENTS AND MEETS.**

### COMPETITIVE SWIM MEETS

Genesis Swim Club is a competitive Premiership Club in the Premier Division of the Brisbane Swimming Association for the 2023-24 season.

To enable this, Genesis promotes a range of Club-level, Brisbane, Queensland, and National swim meets to its swimmers and encourages the attendance and participation of all swimmers. Competing at swim meets fosters Club spirit and gives swimmers opportunities to improve their personal best times. To participate in meets, swimmers must be registered members of our Club and be affiliated with Brisbane Swimming and Swimming Queensland as competitive swimmers.

Club members will be notified of competitions throughout the season. Notifications of Meets may include various forms of communication from Genesis Swim Club and Coaches, through Stack Team App, Club Facebook group, website and emails. All entries are now done through Swim Central. On the website there is an introduction video to assist first time users. Coaches may also inform swimmers of Meets they would like them to attend.

Please check Stack Team App and the noticeboards (for swimmers- on the wall outside the changing rooms and for parents- at the front entrance adjacent to the café), which will hold information and flyers for upcoming meets for Genesis Aquatics swimmers. A full list of all competitive swimming meets being run in Queensland is contained on the Brisbane Swimming (BSA) and Swimming Queensland website under the "Events" tab.

**IMPORTANT MEET INFORMATION**

<b>Meets</b>	<p>Meets are organised and managed by various associations:</p> <ul style="list-style-type: none"> <li>- Brisbane Swimming Association (BSA)</li> <li>- Swimming Queensland (SQ)</li> <li>- Swimming Australia</li> </ul>
<b>Qualifying Times</b>	<p>It is important to read the event information flyers including the qualifying times required for each individual meet as there will be different pre-requisites, methods for nomination and costs.</p> <p>Only approved Qualifying Meets may be used for gaining qualifying times (Qualifying Meets are BSA and SQ events and some external meets that are specified as Qualifying Meets).</p> <p>Qualifying times generally must be swum in the previous 12–13 months prior to the meet the swimmer is wishing to enter.</p> <p>Split times from relay swims cannot be used – with the exception of the lead swimmer (first swimmer).</p>
<b>Nomination Procedure</b>	<p>Check with your coach which events you should nominate for. Nominations are generally online using the Online Meet Entry portal (Swim central), with links to the relevant meet available in the electronic version of the meet flyer or on the relevant website i.e. Brisbane Swimming or Swimming Queensland.</p> <p><b><i>Hint: Print off a copy of the meet flyer and take this to your coach to highlight which events you should nominate for</i></b></p>
<b>Club Uniform</b>	<p>Swimmers are expected to wear Genesis Aquatics swimming caps, shirts and apparel while representing Genesis Aquatics at outside meets and championships.</p>

Please also review the Squad Handbook for further information on requirements for Competitive Swim Meets at <https://genesissport.com.au/aquatics/squad/>

**COMPETITIVE SWIMMING CALENDAR 2023-24****(Subject to change without notice).**

<b>Date</b>	<b>Meet</b>	<b>Coach</b>	<b>Priority Meet</b>
4 <sup>th</sup> June	Grace SC Development Meet	Nil	N
18 <sup>th</sup> June	Belgravia SC Prep Meet	Cal	N
2 <sup>nd</sup> July	Albany Creek SC Prep Meet	Tony	N
8 <sup>th</sup> -9 <sup>th</sup> July	Speedo SC Prep Meet	TBC	N
23 <sup>rd</sup> July	Brisbane Junior SC Champs	Tony/Cal	Y
29 <sup>th</sup> -30 <sup>th</sup> July	Brisbane Senior SC Champs	Rick/Cal	Y
11 <sup>th</sup> -13 <sup>th</sup> August	QLD SC Champs	Rick/Tony/	Y
2 <sup>nd</sup> September	Brisbane Open Water Champs	Rick	Y
10 <sup>th</sup> September	Commercial LC Prep Meet	Cal	N
22 <sup>nd</sup> -23 <sup>rd</sup> September	Kawana Waters LC Prep Meet	Rick/Tony	Y
7 <sup>th</sup> -8 <sup>th</sup> October	QLD LC Prep Meet #1	TBC	N
14 <sup>th</sup> October	QLD Open Water Champs	Rick	Y
15 <sup>th</sup> October	Moreton Bay Challenge	TBC	Y
15 <sup>th</sup> October	UQ LC Transition Meet	TBC	N
15 <sup>th</sup> October	Rackley Colmslie LC Transition Meet	Nil	N
22 <sup>nd</sup> October	Redcliffe LC Prep Meet	TBC	N
29 <sup>th</sup> October	Churchie LC Transition Meet	TBC	N
5 <sup>th</sup> November	Brisbane Relay Championships*	Cal	Y
10 <sup>th</sup> -12 <sup>th</sup> November	QLD LC Prep Meet #2	Rick	N
19 <sup>th</sup> November	Chandler LC Prep Meet	TBC	N
25 <sup>th</sup> November	Rackley Hibiscus LC Transition Meet	TBC	N
2 <sup>nd</sup> December	Nudgee Junior Transition Meet	TBC	N
9 <sup>th</sup> -15 <sup>th</sup> December	QLD LC Championships	Rick/Tony/	Y
14 <sup>th</sup> January	Lawnton LC Sprint Prep Meet	TBC	N
24 <sup>th</sup> -27 <sup>th</sup> January	Australian Open Water Champs	Rick	Y
27 <sup>th</sup> -28 <sup>th</sup> January	Brisbane Sprint Champs	TBC	Y
10 <sup>th</sup> -11 <sup>th</sup> February	QLD LC Sprint Champs	TBC	N
2 <sup>nd</sup> -3 <sup>rd</sup> March	Brisbane Junior Mets	Tony/Cal	Y
8 <sup>th</sup> -10 <sup>th</sup> March	Brisbane Senior Mets	Rick/Cal/	Y
16 <sup>th</sup> -17 <sup>th</sup> March	National Prep Meet	Rick	N
6 <sup>th</sup> -14 <sup>th</sup> April	National Age & Open Champs	Rick	Y

\*Coach selected team

## How can I support the club?

There are so many opportunities for our swim families to get involved & help support our Club! In the 2023/24 Season, we would love to have you join us in support of our amazing swimmers!

### Volunteer

**@ Club Nights** - Get involved by Timekeeping or help with Club Night setup/pack up, marshalling, or starting. It is a great way to connect with other swim families and see how it all happens.

**@ Swim Meets** – Get involved with Timekeeping at a BNE/QLD Swim Meet. It is a great way to be poolside and right up next to all the action.

**@ Genesis Hosted Swim Meets** - Put your hand up to help at swim meets hosted by Genesis. You know what they say...many hands make light work! Help flip a burger or sell some raffle tickets. These are our biggest fundraising event of the year!

### Get Involved in our Fundraising Events

- **Participate in fundraising initiatives** (such as bake drives, raffles, carwashes etc)

### Sponsorship

- Do you own a business that would like to come on board as Club Sponsor?
- Do you have a product or items that you would like to donate for a raffle?
- Would you like to make a financial contribution to help sponsor at a Club event or activity?

Sponsorship helps us support our Club in so many ways. It helps raise funds to subsidise end of year celebrations, trophies & awards, Club activities, and representative uniforms & caps.

If you want more information, please contact Rick or come and chat to us at the Pool or on Club Night.



### BEHAVIOUR AT GENESIS AQUATICS

It is a condition of becoming a member of the Genesis Swim Club and when signing the Application for membership, that each member agrees to abide by the rules, regulations, policies, by-laws and constitutions **of Genesis Aquatics, Swimming Queensland, Swimming Australia Limited and the Brisbane Swimming Association**. The documents for the swimming associations can be downloaded from:

[www.qld.swimming.org.au](http://www.qld.swimming.org.au)

[www.swimming.org.au](http://www.swimming.org.au)

The Club specifically wants to draw attention to the following rules, which all members are required to adhere to:

- Members and their families are to be courteous and respectful in their interaction with other members, their families, coaches, staff of Genesis Aquatics, staff of Queensland Swimming, Swimming Australia, and any other persons.
- Members are required to read, understand, and uphold the behavioural guidelines set out by Swimming Australia.
- Members are to refrain from any form of abuse, harassment, victimisation, and discrimination towards others.
- Members **are to always exhibit good sportsmanship** and to be good role models and ambassadors for the Club, and not damage the reputation of the Club or its members.
- Members are to adhere to the directions of the Club in relation to the official uniform. It is a requirement that only the Club's official shirt and swim cap be worn to all swimming carnivals and official functions, unless otherwise directed.
- Members are required to follow the dispute and complaints resolution procedure outlined in the Complaints and Grievances section in relation to unresolved problems.
- Members are required to adhere to the rules applicable to swimming carnivals and camps from time to time set by coaches and the Club Management Committee.
- It is a requirement that at least one parent from each family with swimmers as Club members become a non-financial member of the Club.

Should any member of the Club disobey any reasonable instruction or direction given by a coach or any other official appointed by the Club for a particular carnival or event, that person may be directed by those persons to leave the pool area, and bar such person from taking further part in that carnival/event. Likewise, if any member of the Club acts in a manner deemed unsportsmanlike, it can be requested that they leave the event.

It is requested that all Club members (swimmers and parents):

- Cooperate with the Club to achieve the best outcomes for swimmers.
- Support the Club in maintaining a safe and respectful environment for all swimmers.
- Maintain a positive relationship with coaches and meet officials regarding your child's swimming, wellbeing, and behaviour.
- Provide a model of good sportsmanship for the duration of Club membership.

Additionally, as the Club's operations are based at Genesis Christian College, the Club and its members have a responsibility to abide by the rules and standards of Genesis Christian College.

## SWIMMERS CODE OF CONDUCT & PARENTS CODE OF BEHAVIOUR

### **General Behavioural Guidelines**

Swimming Australia promotes the following behavioural guidelines to all people involved in any way with the sport of swimming, particularly those responsible for activities involving members under the age of 18 years. These behavioural guidelines highlight the principles and values of Swimming Australia and are the core principles of the Member Welfare and Child Welfare Policy documents.

As a person involved in any way with the sport of swimming, the following standard of behaviour is expected:

- Respect the rights, dignity and worth of others.
- Be ethical, considerate, fair, and honest in all dealings with other people and organisations.
- Be professional at all times and accept responsibility for your actions.
- Make a commitment to providing quality service.
- Be aware of Swimming Australia's standards, rules, and policies.
- Operate within the rules and spirit of the sport, including the national and international guidelines that govern Swimming Australia.
- Understand the possible consequences of breaching Swimming Australia Member Welfare and Child Welfare Policies.
- Immediately report any breaches of the Swimming Australia Member Welfare and Child Welfare Policies to the appropriate authority.
- Refrain from any form of abuse towards others.
- Refrain from any form of harassment toward others.
- Refrain from any form of discrimination toward others.
- Refrain from intimate relations with members whom they have a supervisory role or power over.
- Refrain from any form of victimisation toward others.
- Provide a safe environment for the conduct of activities in accordance with any relevant Swimming Australia policy.
- Show concern and caution toward others that may be sick or injured.
- Be a positive role model.

### **Competitor Behavioural Guidelines**

- Abide by the General Behavioural Guidelines.
- Always follow the rules of Swimming Australia.
- Always give your best.
- Never argue with an official. Use the appropriate rules and guidelines to resolve a dispute.
- Control your temper. Verbal or physical abuse is not acceptable.
- Work equally hard for yourself and/or your team.
- Be a good sport. Applaud good performances whether they are made by your team or the opposition.
- Treat all swimming participants, as you would like to be treated. Do not bully or take unfair advantage of another competitor.

- Cooperate with your coaches, teammates, opponents, management, event staff and officials.
- Participate for your own enjoyment and benefit, not to satisfy the expectations of others.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, ethnicity, cultural background, or religion.

### **Parent/ Guardian Behavioural Guidelines**

- Abide by the General Behavioural Guidelines.
- Encourage your child to participate in sport for their individual enjoyment, personal satisfaction, and improvement.
- Focus on your child's effort and performance, rather than winning or losing.
- Encourage your child to abide by the rules and accept judgements made by officials.
- Never ridicule or yell at a child for making a mistake or performing below expectation.
- Be an example to your child and others. Appreciate good performances by all participants.
- Support all efforts to remove verbal and physical abuse from the sporting environment.
- Show appreciation and respect for all people involved in your child's swimming.
- Respect the rights, dignity and worth of all participants, regardless of their gender, ability, ethnicity, cultural background, or religion.
- Parents are not to be on pool deck during squad training or enter the coach's room, except at the discretion of and permission by the coaches.

### **Guidelines for Posting of Online Images**

We expect our members to conduct themselves appropriately when using electronic communication to share information with other members or posting material on public website connected to the Club.

#### Electronic communication:

- Should be respectful, courteous, and relevant
- Must not offend, intimidate, humiliate, or bully another person
- Must not be misleading, false or injure the reputation of another person
- Should respect and maintain the privacy of members
- By signing up for a membership through Swim Central, members consent to allowing photos/video to be taken of their child/ren to be displayed on social sites as promotion and acknowledgment of results, provided the images do not breach the rules mentioned above. If you would prefer to not have your child/ren photographed and videoed, and their image shared then please apply in writing to [swimclubsupport@genesis.qld.edu.au](mailto:swimclubsupport@genesis.qld.edu.au)

### COMPLAINTS AND GRIEVANCES PROCEDURE

Genesis Swim Club acknowledges that there MAY be times when at a Swim Club event, expressions of concern regarding code of conduct/behaviour and/or a complaint could be made.

Any breaches of behaviour, behavioural guidelines, or code of conduct by any member/parent of member/guardian of member, shall be reported immediately to the Chair of the Club Committee for appropriate reporting through the correct channels.

Any complaints and/or disputes can be directed to the GSI Management Committee for investigation and/or resolution. Complaints must be made in writing to [b.keogh@genesis.qld.edu.au](mailto:b.keogh@genesis.qld.edu.au).

#### **How it is resolved:**

In keeping with the College standards, there is a commitment from GSI to resolve the complaint in a timely and appropriate manner.

Any investigation and/or disciplinary action shall be carried out by members of the GSI Management Committee in consultation with Genesis Christian College and relevant parties.